

Why a Crisis Stabilization Unit?

Many people experiencing a crisis caused by an acute psychiatric or addiction disorder seek hospital emergency room care. Because persons with a psychiatric or addiction disorder may not show visible signs of injury or illness, they often suffer when competing for the attention of emergency room staff treating other critically ill patients.

A Crisis Stabilization Unit (CSU) is an emergency behavioral healthcare alternative. It provides persons with an acute behavioral health problem with prompt action, gentle response, and effective support in a respectful environment.

How the CSU Works

Twenty-four hours a day, seven days a week, a multi-disciplinary team of nurses, psychiatrists, and other behavioral health professionals provide assessment to determine appropriate level of care. Team members provide support, including psychiatric care, medication, and counseling, for stabilization of the crisis.

The Crisis Stabilization Unit provides a less restrictive, less costly alternative to hospitalization. CSU clients have immediate access to clinicians and referral assistance for a broad range of other community services as needed. Length of stay varies based on individual needs but in general is four to ten days.

Services may include the following based on individual needs:

- Psychiatric evaluation
- Psychosocial assessment
- Health history and assessment
- Medication management
- Individual and group counseling
- Education on psychiatric and addiction disorders
- Education on professional and self help alternatives
- Referral for continuing care following crisis resolution
- Referral to other community services as needed



Eligibility

Adults, by self-referral, family referrals, and referrals by health care professionals are eligible for CSU services. Fees are based on ability to pay.

Services are based on individual needs and available resources. Fees can be paid by clients, family members, Medicare, and Medicaid. Funding is also provided by the Georgia Department of Behavioral Health and Developmental Disabilities. Some individuals may qualify for a reduced rate by supplying information to substantiate their financial situation. A reasonable charge is set for services offered. No one is turned away due to inability to pay.





Avita Community Partners envisions all individuals served as participating in a variety of relationships, having a home, job and natural support system.



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MISSION

Avita's mission is to improve quality of life for persons with behavioral health and developmental disabilities. Our mission is achieved by providing person-centered care, partnering with families and communities, and nurturing the unique skills of our dedicated staff members

VISION

Through advocacy and innovation, Avita aspires to be acknowledged for excellence in service access, satisfaction, and outcomes.



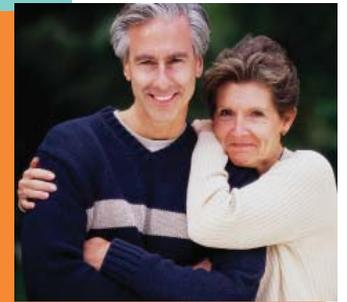
Avita Crisis Stabilization Unit
4331 Thurmon Tanner Parkway
Flowery Branch, Georgia 30542

Web site: www.avitapartners.org
Phone: 678-960-2700
855-302-8482 (Toll Free)
Fax: 678-960-2719



Crisis Stabilization Unit

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Avita Community Partners provides services for individuals and families affected by a mental illness, severe emotional disorder or substance abuse.